



# IMMUNOMODULATING EFFECTS OF HOT-WATER EXTRACT FROM *PLEUROTUS OSTREATUS* MYCELIUM ON CYCLOPHOSPHAMIDE TREATED MICE

H. J. MORRIS<sup>1</sup>, J. MARCOS<sup>1</sup>, G. LLAURADÓ<sup>1</sup>, R. FONTAINE<sup>1</sup>, V. TAMAYO<sup>2</sup>, N. GARCÍA<sup>1</sup>  
AND R. C. BERMÚDEZ<sup>1</sup>

<sup>1</sup> Center of Studies for Industrial Biotechnology (CEBI), Faculty of Natural Sciences, University of Oriente, P.O. Box 4011, Santiago de Cuba CP 90 400, Cuba. E-mail: hmorris@cebi.uo.edu.cu

<sup>2</sup> Hospital Oncológico Provincial Conrado Benítez, Ave. de los Libertadores s/n, Santiago de Cuba, Cuba.

Accepted for publication December 1, 2002

## ABSTRACT

With the view of developing new immunotherapeutic agents, there has been a recent upsurge of interest in edible mushrooms. Hot-water extract (F-I: 43.6% w/w carbohydrate and w/w protein) prepared from the mycelium of *Pleurotus ostreatus* was administered intraperitoneally (i.p.) at 100 mg/kg for 7 days to Balb/c mice and cyclophosphamide (CY) at 10 mg/kg was injected on the fifth day. The influence of F-I administration on the immunosuppression caused by CY was evaluated on the eighth day. CY treated mice exhibited less pronounced immunosuppression and more rapid haematopoietic recovery when administered with F-I. The i.p. injection of F-I increased bone marrow cellularity ( $4.1 \times 10^6$  vs.  $1.5 \times 10^6$  per femur in saline control group,  $P < 0.01$ ), the white blood cell counts ( $7.6 \times 10^9$  vs.  $4.8 \times 10^9$  cells/l,  $P < 0.05$ ) and led to a two-fold increase in the number of endogenous macroscopic colonies of hemopoietic tissue on the parietal surface of spleen ( $P < 0.05$ ). F-I enhanced the murine reticuloendothelial system as judged by the shorter rate of carbon clearance (4.23 vs. 6.18 min,  $P < 0.05$ ). F-I increased the number of peritoneal exudate cells ( $P < 0.01$ ) and stimulated *in vivo* murine macrophage phagocytic ratio (15.65% vs. 4.70%,  $P < 0.01$ ) and phagocytic index (1.06 vs. 0.12,  $P < 0.05$ ). No toxicity signs such as hepatosplenomegaly were observed in F-I treated animals. These effects suggest that F-I could enhance host-defense mechanisms *in vivo*.

**Key words:** *Pleurotus ostreatus*, edible mushrooms, mycelium, cyclophosphamide, macrophage, immunomodulator.